

BULLETIN No. 28

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-OF-

Therapeutic
Facts

FOR THE

Busy Doctor

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A "POST-GRADUATE" COURSE OF LECTURES TO BE GIVEN AT THE SECOND ANNUAL CONVENTION OF THE AMERICAN ASSOCIATION OF PROGRESSIVE MEDICINE, TO BE HELD AT POUGHKEEPSIE, N. Y., SEPT. 2nd, 3rd, 4th and 5th, 1913.

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"Definite Medication" by Royal S. Copeland M. D., Dean of the "New York Homeopathic Medical College, and Flower Hospital."

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"Diseases of old age," by Arthur Vos M. D., Cincinnati, Ohio.

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"Positive Diagnosis," by Geo. C. Young, M. D. Vice-Pres't, Washington, N. J. Prof. Physical Diagnosis, "Eclectic Medical College, New York City."

"How to Prepare a pregnant woman for her hour of trial," by W. G. Jefferson, M. D., Portland, Maine.

* * *

"Physio-Medical Remedies" by Alex. J. H. Mackie, M. D., Philadelphia, Pa.

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"Suggestive Therapeutics," by J. Thornton, Sibley, M. D. Prof. Suggestive Therapeutics, "Eclectic Medical College, city of New York."

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"Reading the pulse, the eye and the tongue for the Indicated remedy." by Eli G. Jones, M. D. President, Burlington, N. J., Author "Definite Medication," "Cancer, its causes, symptoms and treatment."

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"Disorders of the Menopause" by Charles Woodward, M. D., Chicago, Ills., Author of "Intra Uterine Medication."

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"My experience with the Tissue Remedies." by Geo. W. Frederick, M. D., Kokomo, Ind.

* * *

"The medical treatment of Cancer of the Stomach." by A. S. Tuchler, M. D., San Francisco, Cal. The above course of lectures will be practical and helpful, by men of ripe experience, representing all schools of Medicine. Something never before attempted by any Medical Society in the world. It will be a treat for those who are fortunate enough to hear them. Our friend of the "Postal Cards" Dr. Horace R. Powell, Poughkeepsie. N. Y. the Chairman of our "Entertainment Committee" Is busy as a bee perfecting his plans to enter tain our Convention right royally in Sept. 1913. Some of the most distinguished men in the city will work in conjunction with him. on the Committee to give us the time of our lives in the "Queen City" of the Hudson.

B 26 READING THE PULSE.

Reading the pulse for the indicated remedy. In nine cases out of ten when we know how to read the pulse, it will tell us the indicated remedy: Aconite:-Hard, full and quick pulse. Ferri Phos.-Full soft pulse. Belladonna:-Full bounding pulse, no tension. Baptisia:-Full, quick, irregular and compressible. Digitalis:-Irregular, very slow, weak, intermitting every third, fifth, seventh beat. Veratrum Vtr:-Hard, full and bounding pulse with tension. Crataegus:-Rapid and irregular, apt to intermit every other beat. Quinine:-Irregular, weak and small. Ferrum: -Small, thin and empty pulse. Echinacea:-Rapid, thready and weak pulse. Glonoin:-Weak, wiry, quivering pulse.

B 27 ACID AND ALKALINE STATE OF THE BODY.

In most ailments the use of blue litmus paper will show acidemia, a highly acid condition of the blood. This is of paramount importance in treatment. By placing a strip of litmus paper on the tongue and moistening with saliva will show the degree of acidity.

This must be met by Calcium Iodide in 2 grain doses 3 or 4 times a day, along with Calcium Carbonate in 5 grain doses. This will go far in hastening a cure with the proper indicated remedies. In the acid condition there is a deficiency of lime in the System which has combined with the acid and caused depletion, while the Magnesia salts have accumulated to the harm of the patient. Try this and see for yourself.

B 28 CROUP

Six one hundredths of a grain of hypodermic tablets of Glonoin dissolved in two ounces of water. Give a child three years old a teaspoonful every ten minutes, and it will relieve an attack of croup, every time. Graduate the dose according to the age.

B 29 PERSISTENT VOMITING.

Persisting vomiting and nausea. Patient restless, tossing about in bed; skin hot and dry; mouth dry and calls for water often of which he drinks in small quantities, but vomits at once. Vomits all food and medicine, give Arsenicum Album, 3x, three grains once an hour.

B 30 HYDROGEN DIOXIDE IN ERYSIPELAS. Keep the parts wet with peroxide. Wyeth's makes a tablet that can be dissolved in the commercial to raise its strength to any per cent. This treatment aborts Erysipelas in any stage, the fever dropping within a few hours (3 or 4,) A six per cent is about all that can be used on the face, though other parts will often stand a stronger solution. If the eyes are affected Calcium Sulphide in half grain doses will be of advantage, given every hour. The treatment will bleach the eyebrows and hair but this is not lasting.

B 31 IDIOSYNCRASIES.

Therapeutic is from the Greek and means "To take care of." We have general and special therapeutics. We also have general and special humans, with general and special temperament and idiosyncrasies. Some are purged with astringents, others purgatives lock up the bowels. Opium will not induce sleep with some persons and milk is a poison with others. To learn the sort of care a sick one needs is to learn a great therapeutic fact.

B 32 BONE PAINS.

In the acute stage of all fevers, where patient complains of bone pains they will be relieved by Sp. Eupatorium one dram to one and a half drams to four ounces of water, give teaspoonful every half to one hour.

B 33 DIPHTHERIA.

For Diphtheria and Follicular Tonsillitis, use Kali Chlorate half dram, HCl. C. P. half dram, water q. s. three ounces, and give 15 to 30 minims in a teaspoonful of B 59 PULMONARY HEMORRHAGE.

In pulmonary hemorrhage when the blood is bright red and frothy, with anguish and dread of death, give Ipecac 200, one dose.

B 60 CHRONIC LUMBAGO.

Try Gnaphalium pol. (Mother tincture) in chronic backache in lumbar region, with tired aching pains, worse from continued motion. better resting, especially on the back. Best results obtained in chronic cases, with polyuria, the more brilliant the results. The same remedy is indicated In neuralgia and Sciatica. Use 10 drops to 4 ounces of water. give teaspoonful every hour or two.

B 61 GOITRE. SIMPLE.

Chromium Sulphate 4 to 8 grains after meals and at bed time. Continue for several weeks or months. Local treatment:

Iodine gr 30.

Lanoline oz.

Oil. Juniper gtts 10.

Use once a day as a paint and cover with tissue. When skin becomes tender, apply every other day.

B 62 PURGING.

Where patient is running a temperature, do not give physic in afternoon or evening as it will aggravate all symptoms. If necessary, give purge in the morning when fever is lowest, then it will do the patient good instead of harm.

B 63 BAPTISIA.

Dusky, purplish color of the face, like one exposed to cold; face expressionless; there is a similar color of tongue; fauces and throat, Give Sp. Baptisia gtts. 20 to water 4 oz. teaspoonful ever two hours. This remedy is indicated especially in Typhoid fever and similar conditions such as typhoid-malaria, typhoid pneumonia, etc. Where these indications are present in any disease, this drug will work like magic.

B 64 HEMATURIA.

I have had excellent results from the following formula:

Arom. Sulphuric acid, one dram. SP. Mangifera,

Glycerine aa, half dram.

Water ad three ounces.

M. Give teaspoonful every hour.

B 65 SPERMATORRHEA.

For spermatorrhea in patients with nervous excitability, restlessness or insomnia, use Scutellaria three drams to water four ounces, give teaspoonful four times a day before meals.

B 66 BRIGHT'S DISEASE.

In Bright's disease of constipated patients. with white coated tongue. much gas and pain in lower bowel; if besides albumen and casts, there is much mucus In the urine, give Kali Mur. 3x. three grains every 2 hours.

B 67 BOWEL TROUBLES. For most bowel troubles in children, I have never found anything to surpass Lloyd's Glyconda, given in 10 to 60 drop doses according to the age and condition of the child.

No food, except perhaps Liquid Peptonoids, plenty of cool water, inside and outside will cure most cases. Give the Glyconda in indicated doses every hour or two. By all means give no opiates.

B 68 ICHTHYOL OINTMENT.

A thoroughly reliable local application for all forms of inflammation of the skin, including boils, abscesses, carbuncles, subcutaneous cellulitis, acute lymphangitis, infected wounds, many forms of leg ulcers and local congestions, is very much needed, and the following will fill the bill. Ichthyol one dram, Ung Diachylon (Hebra) one ounce. When the Oint. is properly made, according to Hebra's formula, it will have just the proper consistency, being neither too thin nor too stiff.

B 69 GALL STONES.

For the acute attacks of gall-stones, nothing will relax the muscles of the Gall Bladder, and pass the stones like Subculoyd Dioscorea, in syringeful doses in the abdominal muscles, deep in the flesh.

B 70 TOXIC EXUDATES.

In toxic fevers, avoid application of Epsom water to chest or vitals alone for any length of time, as it draws the poisons and concentrates it there. To counteract, apply the solution all over the body, or to the feet and legs.

B 71 ACUTE DYSENTERY.

In acute Dysentery, have always had good results from the following:

Sp. Aconite gtts 5 to 10.

Sp. Baptista. dram one.

Mg. Sulph. grs. 20.

DB. Sulph uric acid gtts. 30.

Water q. 8. 6 ounces.

Give teaspoonful every hour till better, then less often. Also give enemas of starch and water.

B 72 PALPITATION.

Cactin is a medicine that can be relied upon when palpitation, shortness of breath and pain follow ordinary exertion, in the absence of valvular disease. If vertigo is also present, there is greater need of a quick acting heart tonic. With the above symptoms present it generally means that the heart muscles are weak. They lack tone and snap. The heart should be made to contract with more energy, and not languidly. Cactin here is very efficient. Give 2 granules every two hours until some improvement, then every four hours for several weeks.

B 73 HICCOUGH.

Severe cases of hiccough are often relieved by Tr. Capsicum, 5 drops in water, repeat in 15 minutes if necessary.

B 74 SCIATICA.

First, clean out the patient with Podophyllin in cathartic doses. Then follow up with Ammonium Chloride C. P. 10 to 15 grain doses every two hours, until pain begins to abate. Patient will usually recover very promptly, but for a week or ten days, there may be a sensation of numbness over the course of the diseased nerve.

In cases that refuse to respond to the above method, 1 inject down upon the nerve, 10 to 20 gtts. every second or third day, the following: Guaiacol C. P. one dram, Chloroform two drams. Use aseptic precaution. Some pain follows the injection, which leaves in a few minutes. Sciatica is believed to be the result of a depleted and anemic nervous system and the indicated after treatment is to build up the patient to prevent a recurrence.

B 75 LOCAL ANAESTHETIC.

The most useful remedy in my office is a mixture of Phenol cryst., Gum Cam. phor, Chloral Hydrate equal parts. This makes an oily liquid and is useful on burns or scabs for its anaesthetic effect. It is fine.

B 76 PROSOPALGIA.

Neuralgia of the facial muscles, due to severe cold or an exposed nerve in a decayed tooth, can be controlled by Fe. Phos 3x, give 4 grains in hot water every twenty minutes. The third dose will surely relieve.

B 77 CANCER OF THE RECTUM.

Cicutine Hydrobromide two-sixty-seventh grain will mitigate the pains of Cancer of the rectum, given every one to four hours.

B 78 TO REMOVE MOLES.

Red Mercuric oxide 3 drams, Nitric acid two and one-half drams, water one dram. Mix. Surround mole with vaseline, and apply one or two drops of the solution. Keep solution in dark bottle.

B 79 PNEUMONIA IN CHILDREN.

In children with pneumonia, if you have the following symptoms,-extreme pallor, respirations 60-80 per minute, ears blanched, and the pulse hardly perceptible; the symptoms are usually due to accumulation of mucus in the stomach, and these symptoms will shortly be relieved by Syr. Mannae half ounce, Inf. Sennae Comp. two ounces, of this give teaspoonful every three hours.

B 80 LA GRIPPE

In the first stage of Cold or La Grippe when the muscles feel sore and bruised, with aching all over, use Sp. Bryonia gtt. 5 Sp. Gelsemium gtt. 20 Glycerine one ounce, Water q. s. 4 ounces, give teaspoonful every half to one hour. It is a gem.

B 81 MENORRHAGIA.

For menorrhagia I have never found anything better than the following prescription handed down to me by father forty years ago, after serving him at least that long. With this I have cured after curement and other remedies had failed: Dovers powder grain five, Sugar of Lead grain two, pt. one capsule. One capsule two or three times a day, as needed.

B 82 EAR ACHE.

In cases of ear ache. especially in the early stage, where there is intense throbbing pain with fever, I regard Ferrum Phos. as almost a specific. I usually give a grain of 2x or 3x every half hour till relieved. This is splendid in ear ache of infants and children.

B 83 BARBER'S ITCH.

In cases of Tinea Sycosis, keep the parts wet with a saturated solution of Sodium Hyposulphite.

B 84 GOITRE

In most cases of simple goitre two tablets 1 gr. each, of the following has been very successful. Equal parts of Ova testa 1x, Spongia 1x, and Bar. Iod. 2x. Give two tablets after meals.

B 85 HAY FEVER.

For hay fever with violent sneezing, coryza and lachrymation, Use Arundo 3x, one dram in four ounces of water, give teaspoonful every 1 to 3 hours.

B 86 BROMIDROSIS.

Perspiring feet with bad odor, bathe the feet twice a day in a solution of Formaldehyde Sol. 40 per cent; two ounces to one pint of water. Also dust the following powder on feet and in the shoes every morning; Salicylic acid one oz.. Boric acid two oz. Lycopodium three oz. Mix.

B 87 COLIC OF INFANTS.

In wind colic in babies, Chamomilla is the remedy. Little abdomen light as a drum, legs drawn up, screaming with pain. bowels full of gas. Use Tr. Chamomilla ten drops in half glass of water. Give teaspoonful every 15 minutes till relieved.

B 88 ARTHRITIS DEFORMANS.

In Arthritis Deformans, Causticum 3x is the remedy, give three grains every three hours. Also apply Camp. Stillingia Liniment; rub a small quantity into the joint three times a day. It is a powerful relaxant.

B 89 COLD FEET.

In inflammatory conditions be sure to secure warmth to the feet. Don't put hot water bottle to cold feet, first warm the feet in Epsom water.

B 90 BRIGHT'S DISEASE.

For the throbbing sensation throughout the whole body, use Belladonna, five drops to four ounces of water. Teaspoonful every two hours.